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| --- | --- | --- | --- | --- | --- | --- |
| Time | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| 5:00AM | **KICKBOXING**  Debbie | **CYCLE**  Adrian | **BUTTS & GUTS**  Debbie |  |  |  |
| 8:00AM | Coming Soon! | **CORE & MORE**  Elma |  | **CORE & MORE**  Elma | **Yoga**  Mallory | **ZUMBA**  Gabriel |
| 9:15AM | **CYCLE**  Amber | **YOGA**  Elma | **Yoga**  Stella | **PILATES**  Elma | **CYCLE**  Amber | **BUTTS & GUTS** Debbie  **CYCLE**  Amber |
| 10:30AM |  |  | **PILATES**  Elma |  | **Yoga**  Marisol | **Yoga**  Stella |
| 4:15PM | Coming Soon! | **Zumba** Jessie | Coming Soon! | **Zumba** Jessie |  |  |
| 5:30PM | **Zumba**  Marisol  **CYCLE**  Adrian | Coming Soon! | **Yoga**  Mallory | **BODY BLAST**  Debbie  **CYCLE**  Adrian | **ZUMBA**  Ana |  |
| 6:45PM | **BODY BLAST**  Debbie | **KICKBOXING**  Debbie | **Zumba**  Marisol  **CYCLE**  Amber | Coming Soon! | **BODY BLAST**  Debbie |  |
| 8:00PM | **ZUMBA**  Araba  **CYCLE**  Amber | **ZUMBA**  Giovanni | **BOOT CAMP**  Adrian | **ZUMBA**  Giovanni | Coming Soon! |  |

