



CLUB HOURS:
 MONDAY- FRIDAY:
 430AM- 11PM
 SATURDAY & SUNDAY:
 7AM- 7PM
 PHONE:
 (760)-991-3319



@FITNESS19HESPERIA

KIDS CLUB HOURS:
 MONDAY – FRIDAY:
 8AM-12PM & 4PM- 8PM

&

SATURDAY:
 8AM- 12PM

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am							
7am							
8am	GAINZ Jason	Ujam JEANNENE	Boot Camp Jason	R.I.P.P.E.D Tina	Ujam JEANNENE	Zumba LIZ	
9am	R.I.P.P.E.D Michelle	R.I.P.P.E.D Tina	Zumbatoning Michelle	PILOXING Jocelyn	R.I.P.P.E.D Michelle	INSANITY Lupe	
10am	Zumba Evelyn	Zumba Michelle	Zumba Betsy	Zumba Betsy	Zumba Sujey	Zumba Natalie	
11a			H.I.I.T / AB SANITY Emily				
4:15pm				KIDS SUMMER DANCE Jocelyn			
5pm	Boot Camp Helen	Yoga Raquel	Zumba Michelle	Yoga Raquel	5:30 R.I.P.P.E.D Michelle		
6pm	UJam Jayne	Zumba Betsy	R.I.P.P.E.D Lupe	GAINZ Jason	6:30 Zumba Jackie		
7pm	Zumba Anabel	PIYO Nicole	Zumba Michelle	Zumba Evelyn			

Where you can afford to get fit!