



2400 Lime Kiln Lane, #G
Louisville, KY 40222
(502) 244-4019

All Classes are \$5 per person

You do not have to be a member of the gym to participate

Yoga Classes

- Monday & Wednesday Afternoons
 - 2:00 PM – 3:00 PM
- Monday & Thursday Evenings
 - 7:00 PM – 8:00 PM